

# Implementing and Sustaining Physical Activity and Nutrition Programs in Faith-based Settings: Insights from Faith, Activity, and Nutrition (FAN)

THURSDAY  
July  
27

8:30 a.m. - 12:00 noon

USC Public Health Research Center Auditorium, 1st floor  
921 Assembly Street, Columbia, SC 29201

Parking (City of Columbia rates apply) is available nearby via metered spaces and in the Discovery Plaza (821 Park St.) and City of Columbia (1007 Park Street) garages (rates may vary).

Please RSVP via phone (803-777-6292), email (kinnardd@mailbox.sc.edu), or Eventbrite (search: Faith, Activity, and Nutrition).

## Symposium Overview

Faith-based programs can play a vital role in extending the reach of public health efforts. The 2017 symposium will examine factors related to putting faith-based, evidence-based programs into practice, using the Faith, Activity, and Nutrition (FAN) program as a model. FAN is a combined physical activity and dietary program, previously found to be effective, that seeks to help churches create a healthy church environment that supports physical activity and healthy eating.

The symposium will provide an overview of core program elements and insights from faith-based partners who have implemented the program in South Carolina churches. Partners will share strategies for tailoring the program for local churches, keys to success, barriers to implementation, and discuss planning for sustainability.

FAN is indexed in the National Cancer Institute's Research-Tested Intervention Programs (RTIPs).

## Speakers

Sara Wilcox, PhD  
*Professor, Department of Exercise Science & Director, Prevention Research Center*

Faith-based partners from *St. John Baptist Church (Anderson Quarry), Winnsboro, SC and First United Methodist Church, Winnsboro, SC*

